

Grab 'n Go Kits

Short Term Grab 'n Go Kit - Note: Short Term Grab 'n Go Kits refer to a situation in which you can only take what you can carry in one bag.

Clothing

- ✓ Waterproof Windbreaker
- ✓ Socks

First Aid

- ✓ First Aid Kit
- ✓ Prescription Drugs
- ✓ Bug Repellant
- ✓ Sun Screen

Food

- ✓ Power Bars
- ✓ Trail Mix

Hygiene

- ✓ Toilet Paper
- ✓ Bar Soap/Hand Sanitizer
- ✓ Sanitary Napkins

Light Source

- ✓ Headlamp
- ✓ Candle

Tools

- ✓ Windup Flashlight
- ✓ Fire Starter
- ✓ Waterproof matches
- ✓ Knife
- ✓ Rope
- ✓ Latrine Trowel
- ✓ NOAA Radio
- ✓ Hatchet
- ✓ Saw
- ✓ Whistle w/neck cord
- ✓ Gloves Shelter
- ✓ Space Blanket
- ✓ Emergency Poncho
- ✓ Sleeping Bag

Water

- ✓ Pocket Emergency Water Filter
- ✓ Canteen or Water Bottle
- ✓ Emergency water packets Misc.

Misc.

- ✓ Roll of quarters
- ✓ Spending money (small denominations)
- ✓ Photos and copies of important papers

Mid-Term Grab 'n Go Kit (add to Kit at the left) –Note: Mid-Term Grab 'n Go Kits refer to when you can take a back pack and a bag on wheels that you can pull along behind you.

Clothing

- ✓ Change of underwear
- ✓ 1 pair of pants
- ✓ 1 T shirt
- ✓ 1 warm long sleeve shirt
- ✓ Billed cap
- ✓ flip flops (water shoes)

First Aid

- ✓ Spare eyeglasses
- ✓ Burn Gel and Dressings
- ✓ Respirator Mask
- ✓ First Aid Guide

Food

- ✓ 3 days MRE's
- ✓ Small stove/fuel
- ✓ Mess Kit
- ✓ Utensils
- ✓ Pet food/water
- ✓ Condiments

Hygiene

- ✓ Disposable Towelettes
- ✓ Tooth brush/paste
- ✓ Liquid camp soap
- ✓ shampoo/conditioner
- ✓ Razor/soap
- ✓ Microfibre towel/wash cloth
- ✓ Deodorant
- ✓ Sanitary Napkins
- ✓ Garbage Bags/ties
- ✓ Paper Towels

Light Source

- ✓ Flashlights and batteries
- ✓ Headlamp

Shelter

- ✓ Sleeping Bag
- ✓ Tent
- ✓ Sleeping Pad
- ✓ Ground Cloth
- ✓ Hand & Body Warmers

Tools

- ✓ Gloves
- ✓ Sewing Kit
- ✓ Heavy nylon rope

Water

- ✓ Water Filters
- ✓ Water Carrier
- ✓ Pet drinking vessel

Misc.

- ✓ Pen and note pad
- ✓ Duct Tape
- ✓ Complete important paper copies
- ✓ playing cards

Long-Term Grab 'n Go Kit (add to previous kits) - Note: Long Term Grab 'n Go Kits refer to when you can pack your car and intend to use your car as your primary shelter.

Clothing

- ✓ Warm coats and snow shoes

First Aid

- ✓ Full first aid kit

Food

- ✓ MRE's with heaters
- ✓ Candy and change-of-pace treats

Hygiene

- ✓ Sanitary supplies for latrines
- ✓ "Foxhole" shovel
- ✓ Toilet Paper
- ✓ Scissors
- ✓ Q-tips
- ✓ hand lotion
- ✓ bath towel

Tools

- ✓ Foxhole Shovel
- ✓ Heavy duty saw
- ✓ personal protection Shelter
- ✓ Pillows

Water

- ✓ 1 gallon of water/per person/per day