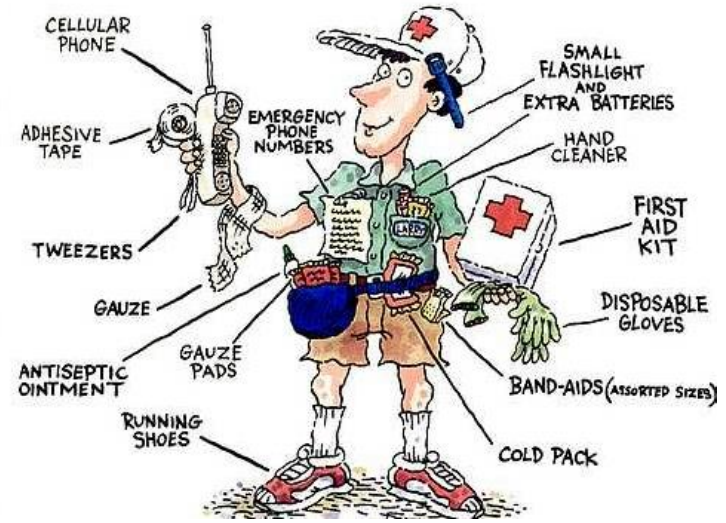
EMERGENCY PREP SUPPLIES

Nifty Things to Have



Jeppgroup.org

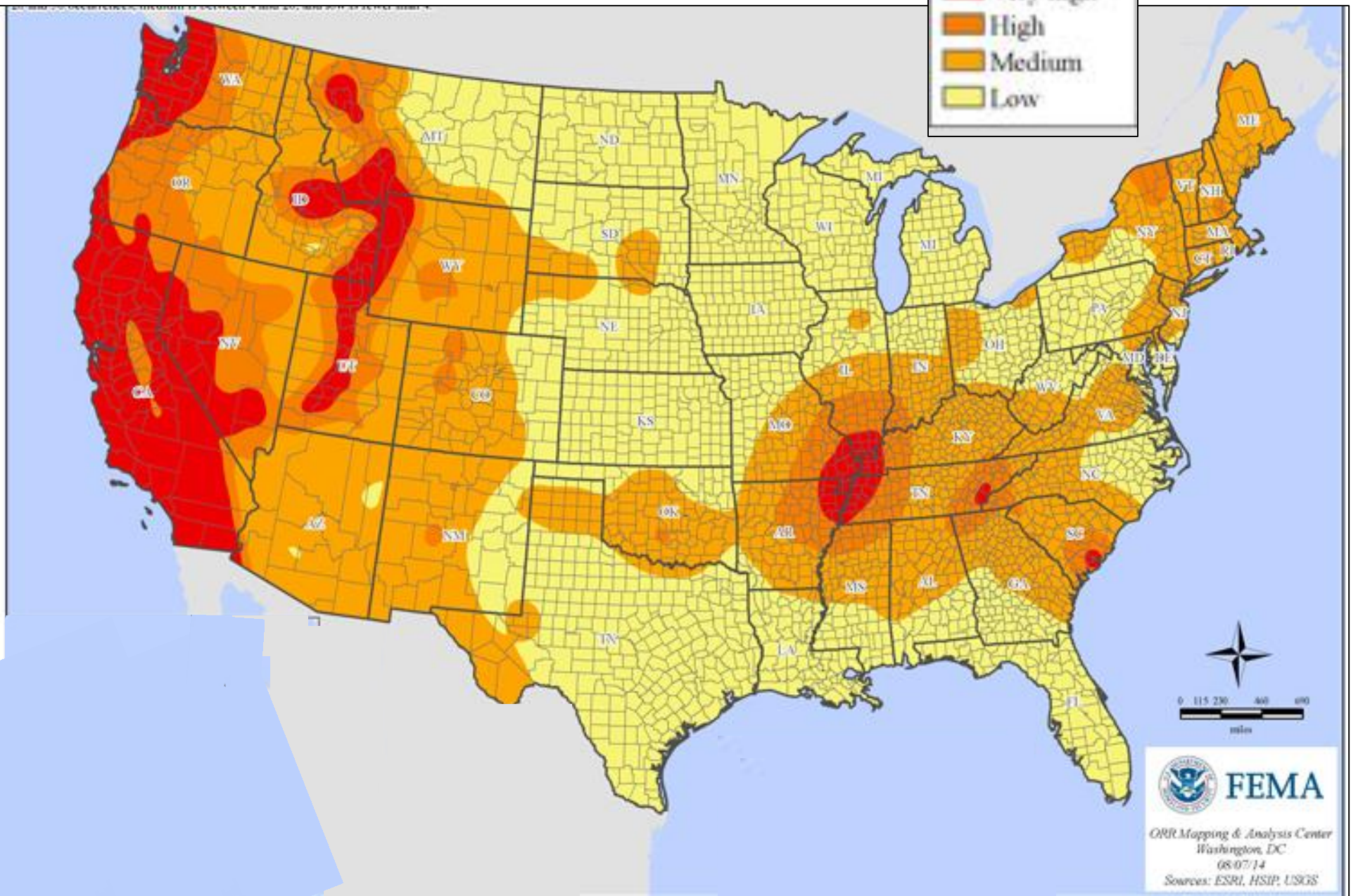
JOYCE FIRE-RESCUE DISTRICT No.4 CLALLAM CO.

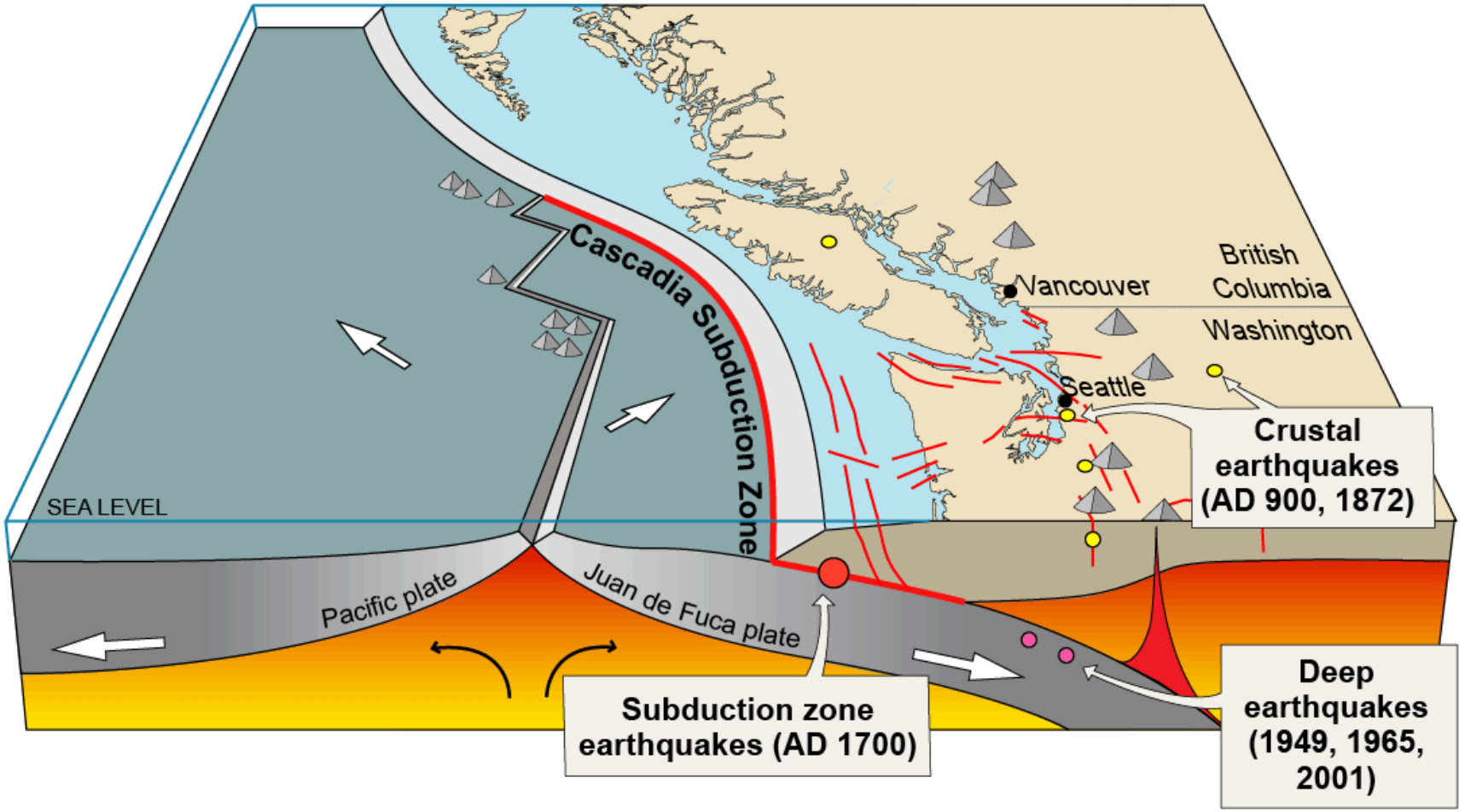
JOYCE FIRE DEPT AUXILIARY

CERT COMMUNITY EMERGENCY RESPONSE TEAM

JEPP

EARTHQUAKES





Source	Max. Size	Recurrence
Subduction zone	M 9+	200–600 years
Deep Juan de Fuca plate	M 7+	30–50 years
Crustal faults	M 7+	Hundreds of years?

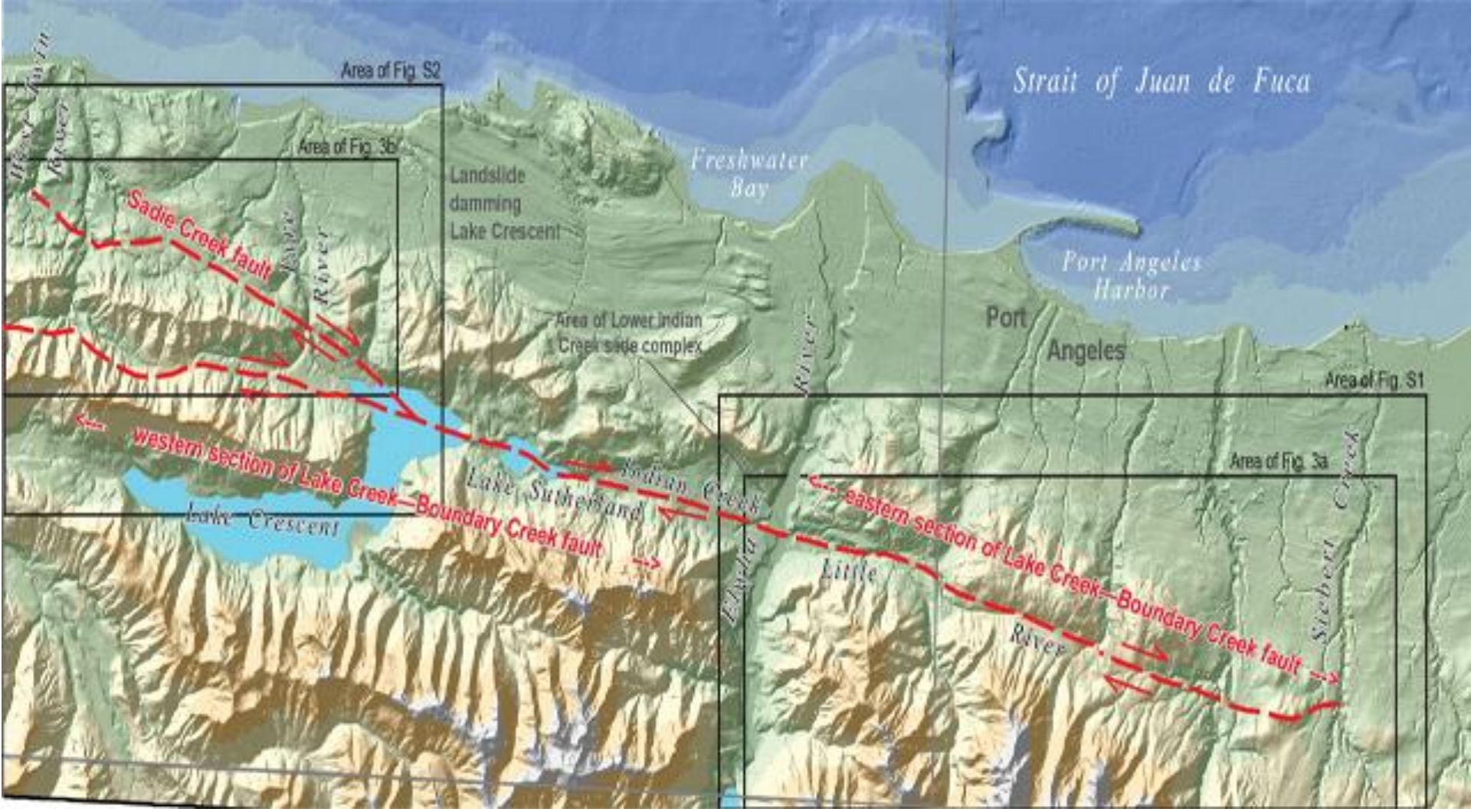
In the next 50 years:

14% chance of a Cascadia M9 earthquake

84% chance of a magnitude 6.5 or above

15% chance of a magnitude 6.5 in Pacific NW

*figure modified from USGS Cascadia earthquake graphics at http://geomaps.wr.usgs.gov/pacnw/pacnweq/index.html



Study Confirms Large Earthquakes along Olympic Mountain Faults

27 September 2017-- A comprehensive study of faults along the north side of the Olympic Mountains of Washington State emphasizes the substantial seismic hazard to the northern Puget Lowland region

SSA Seismological Society of America

Pacific NW's ancient earthquakes may help predict future quake risk

By TOM BANSE . SEP 5, 2018 NW NEWS NETWORK

One way to predict the risk of earthquakes in the Pacific Northwest is to look at how often they occurred in the past – and, for several groups of geologists, delving into the fault lines themselves.

Geologists from Western Washington University, Portland State University and the federal government this summer have discovered signs of strong earthquakes that struck the Pacific Northwest long before modern settlement. The evidence lies in trenches the scientists cut across fault lines in northwest Oregon and on the north Olympic Peninsula.


CELLULAR PHONE
ADHESIVE TAPE
TWEEZERS
GAUZE
ANTISEPTIC OINTMENT
RUNNING SHOES
EMERGENCY PHONE NUMBERS
GAUZE PADS
SMALL FLASHLIGHT AND EXTRA BATTERIES
HAND CLEANER
FIRST AID KIT
DISPOSABLE GLOVES
BAND-AIDS (ASSORTED SIZES)
COLD PACK

FOOD

Emergency Food Ration Bars, PDQ

Walmart

$8.00

Granola Bar

Any Grocery Store

$1

Spork Outdoor Multi Tool: Eat'N Tool Durable and Lightweight Metal Multitool for Camping, Hiking, Backpacking and Outdoors Activities

Amazon

$6.74

FOOD

Name	Servings/can	Price/can
Hearty Vegetable Chicken	21	$15.99
Hearty Vegetable Beef	21	$15.99
Creamy Potato	25	$14.41
Vegetable Stew	40	$19.99
Cheesy Broccoli	33	$22.99
Chili Mix	34	$23.99

FOOD

S.O.S. Rations Emergency 3600 Calorie Food Bar - 3 Day / 72 Hour Package with 5 Year Shelf Life

Amazon

$7.50

FOOD

JarBox Canning Jar, Quart, Semi-Clear

Amazon $15.07

WATER OR FILTER

LifeStraw Personal Water Filter for Hiking, Camping, Travel, and Emergency Preparedness

Amazon

$19.95

Sawyer Products Mini Water Filtration System

Amazon

$19.97

Frontier Water Filter

proshop.safetyoneinc.com

$11.99

WATER OR FILTER

Sawyer Products SP191 Point Zero Two Bucket Purifier Assembly Kit with Faucet Adapter

$129.99

2 gallons/hour

Amazon

WATER OR FILTER

LifeStraw Family 1.0 Portable Gravity Powered Water Purifier for Emergency Preparedness and Camping

Amazon
$66.98

2.5 gallons / hr

FIRST AID SUPPLIES

Amazon
$16.99

Amazon
$14.08

Amazon
$8.93

FIRST AID SUPPLIES

Burnfree Burn Relief Gel 4oz in Squeeze Bottle

Amazon

$8.93/bottle

$13.25/24 pkt

New-Skin Liquid Bandage 0.30 oz

Walmart

$6.11

TOOLS and SUPPLIES

Luci - Inflatable Solar Light

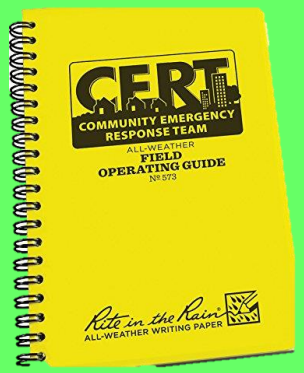
Amazon

$15

5 Pack Mini Flashlight Cree Q5 LED Torch 7w 300lm Adjustable Focus Zoomable Light

Amazon

$16.99



CERT Field Operator's Guide

Amazon

$8.89

Emergency Hand Crank Solar Self Powered NOAA AM FM Radio with LED Flashlight, Phone Charger

Amazon

$23.99

5 in 1 Survival Whistle

Amazon

$4.99

TOOLS and SUPPLIES

Items handy for repair

TOOLS and SUPPLIES

- Hatchet blade
- Hammer head, nail Claw and pry bar
- Replaceable 6 inch saw blade
- Hex sockets 3/8, 7/16, 1/2, 9/16, 10mm, 11mm, 13mm, 15mm
- Hardened steel glass breaker and seat belt cutter

Off Grid Tools Survival Axe Ultimate outdoor Multitool- Hatchet Hammer Saw

Amazon

$29.99

MECO Hand Cranking Solar Powered Rechargeable Flashlight Emergency LED Flashlight Carbiner Dynamo Quick Snap Clip Backpack Flashlight Torch Weather Ready.

Amazon

$8.99

TOOLS and SUPPLIES

5 Pack Mini Flashlight
Cree Q5 LED Torch 7w
300lm Adjustable
Focus Zoomable Light

Amazon

$16.99/5

Headlamps

COSTCO

$28 for two

TOOLS and SUPPLIES

Etekcity 4 Pack Portable LED Camping Lantern with 12 AA Batteries - Camping Equipment Gear Survival Kit for Emergency, Hurricane, Power Outage (Black, Collapsible)

Amazon

$22.99/four

ULTRA BRIGHT: Includes 30 individual low powered LED bulbs, designed for a longer lifespan. Carry 360° of luminous light while saving energy.(12 AA batteries included)

BRIGHTNESS ADJUST: Unfold the collapsible lightweight lantern for ultra brightness, and fold for travelling, backpacking, storing without taking much space; simply control the brightness by adjusting the height.

LOW CONSUMPTION: Light up to 12 hours of regular, continuous use with enough battery capacity.

DEPENDABLE BUILD: Constructed with solid military grade material, promising long-time durability; fold-away handles provide more possibility with ease.

TOOLS and SUPPLIES

Eton Scorpion II Rugged Portable Emergency Weather Radio with Smartphone Charger

Amazon

$34.09

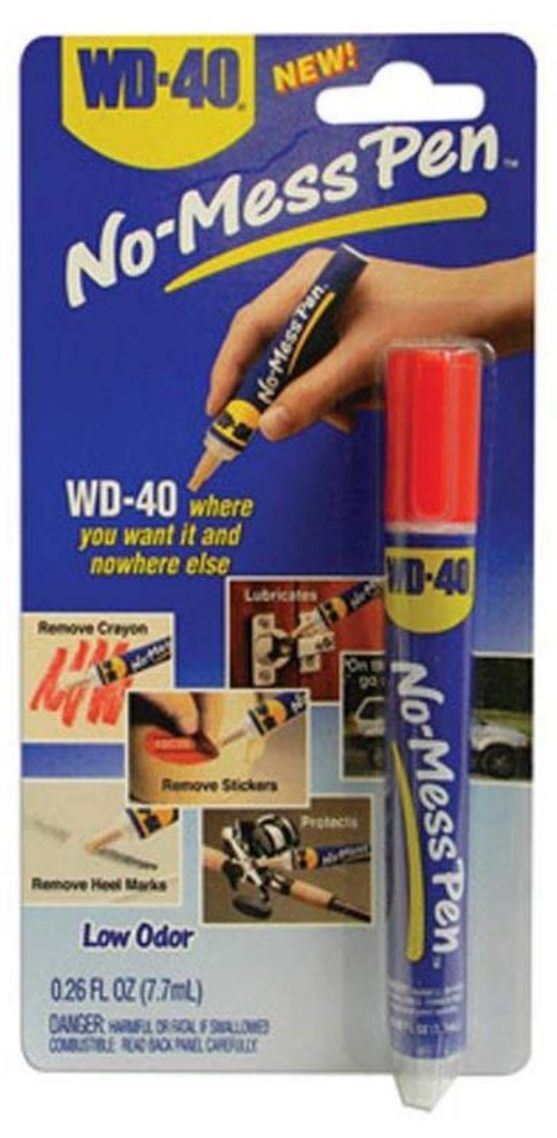
TOOLS and SUPPLIES

Red Cross FRX3 Hand Crank NOAA AM/FM Weather Alert Radio with Smartphone Charger

Amazon

$54.49

TOOLS and SUPPLIES



No Mess Pen WD-40
Remove Lubricant Crayons
Marks Sticker No-mess
Protect Home Car

Amazon

$9.99

TOOLS and SUPPLIES

Rust-Oleum
267967 Glass
Marker
Amazon
$6.88

TOOLS and SUPPLIES

5 in 1 Survival Whistle, Emergency Zone Brand

Swains

Walmart

Amazon

$2

TOOLS and SUPPLIES

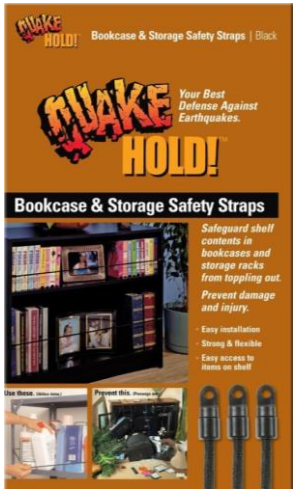
folding commodes

healthykin.com

$20.95

TOOLS and SUPPLIES

Items to fix things NOW

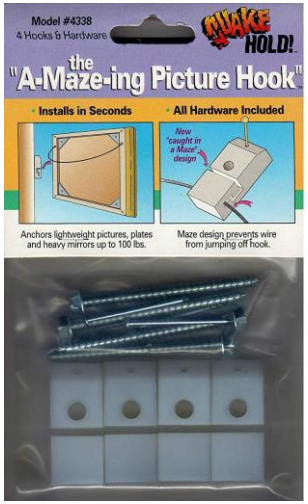


Bookcase-Storage Strap

$10.99

Furniture Safety Strap

$7.97



Maze Picture Hooks

$6

Secure Latch $4

Firefighter FR-80 Soft Belt Style Water Heater Earthquake Straps $18.99

CLOTHING and BEDDING

Emergency Sleeping Bag with Drawstring Carrying Bag

Amazon

$9.03

Emergency Mylar Blankets

Amazon

$1

Emergency Poncho

Amazon

$2.73

Survival Poncho

Amazon

$7.26

8x5 Survival Tent

Amazon

$9.95

CLOTHING and BEDDING

TITAN Extra-Thick Emergency Mylar Sleeping Bag | Designed for NASA Space Exploration and Heat Retention. Perfect for Survival Kits and Go-Bags. Includes Nylon Drawstring Bag and eBooks.

Amazon.com

$17.96

CLOTHING and BEDDING

All Weather Blanket With Hood

Amazon.com

$13.14

Waterproof Rain Poncho

Amazon.com

$22.79

CLOTHING and BEDDING

Emergency Mylar Thermal Blankets (Pack of 100) - Individually Packaged

Foil Mylar Thermal Rescue Blankets

- **Provides compact protection in all weather conditions**
- **Made of durable insulation Mylar material**
- **Retains/reflects 90% of body heat**
- **Waterproof and weatherproof**
- **Size: 52” x 84”**

Amazon.com

$49.94 / 100

SPECIAL ITEMS

Survival Playing Cards

Amazon

$7.99

Kits

Travel Kits

Walmart $5.97

Travel Kit

Safeway

$7.99

Kits

UST Watertight Survival Kit

Amazon.com $4.88

Home Depot $5.78

UST Watertight First Aid Kit 1.0

Amazon.com

$6.09

Ultimate Survival Firestarter Kit

Amazon.com

$13.40

Lint from the Dryer

FREE

Kits

Emergency Survival Kit Grenade - 25 Accessories First Aid Kit Survival Wrapped in 550 lb Paracord Survival Grenade Cord for Emergencies

Amazon.com

$11.99

Kits

Band-aid

Emergency Blanket

Wire Saw

Compass

Multifunctional Saber Card

Tactial Pen

Multi-Function Knife

Portable Mini light

Flashlight

Fire starter

Whistle

Alritz Survival Kit Lifesaving Emergency Tools, Outdoor Survival Gear Contains Folding Knife, Compass, Flashlight for Camping Hiking Wilderness Adventures and Disaster Preparedness (12-in-1)

Amazon.com

$24.90

Kits

Apollo Tools DT9706 Original 39 Piece General Repair Hand Tool Set with Tool Box Storage Case

Amazon

$16.65

Kits

Contains 32 essential items: Multi Function Survival Tool, Sewing Needle, Signal Whistle, Survival/First Aid Information Pamphlet, Pencil, Note Paper, 3’ (914 cm) Reflective Cord, Compass, 2 Firestarter Cubes, 9.8’ (3 m) Multi-Use Cord, 3’ (91 cm) Multi-Use Wire, 4 Waterproof Matches, 101’ (31 m) Fish Line/Sewing Thread, Match Book, 3 Twist Ties, 12” (30 cm) Duct Tape, Signal Mirror, Resealable Bag, 2 Nails, 2 Safety Pins, 2 Fish Hooks, Razor Blade, Tea Light

Coghlan's Survival Kit-In-A-Can

Amazon

$15.33

30 Days On Our Own

Jeppgroup.org

30 DAYS ON OUR OWN

DISASTER PREP SUPPLIES

There are six categories of items you should have in your home:

- Food,
- Water,
- First aid supplies,
- Clothing and bedding,
- Tools and emergency supplies,
- And special items.

Keep the items that you would most likely need during an evacuation in an easy-to-find or easy-to-carry container, such as a large, covered trash container, a backpack or a duffle bag. There are many lists on the internet but the following examples are *"FOOD FOR THOUGHT"*.

FOOD FOR 30 DAYS

Store a 30-day supply of non-perishable foods that require no refrigeration and little or no water , preparation or cooking. If you must heat food, pack a few cans of sterno. Select food items that are compact and lightweight. Include a selection of the following foods in your Disaster Supplies:

- Ready-to-eat canned meats, fruits and vegetables
- Canned juices, milk, soup (if powdered, store extra water)
- Staples – salt, sugar, pepper
- High energy foods – peanut butter, jelly, crackers, granola bars, trail mix
- Vitamins
- Food for infants, elderly persons, or those with special diets
- Comfort/stress foods – cookies, hard candy, sweetened cereals, lollipops, instant coffee, tea bags

I THINK WE MAY NEED TO UPDATE OUR DISASTER RECOVERY PLAN. THIS ONE SUGGESTS WE ALL RUN AROUND IN CIRCLES SHOUTING 'WHAT DO WE DO?!!' 'WHAT DO WE DO?!!'